



# Farm Safety Checklist ✓

## Wear appropriate clothing, and proper shoes.

- ✓ Wear warm clothes especially in winter, and strong shoes.
- ✓ Bring a rain jacket in case it rains.
- ✗ Do not wear flip-flops, sandals or any delicate clothes.
- ✗ Do not wear skates, wheelies or rollerblades.
- ✓ Wear high visibility clothing so that you can be seen.
- ✓ Wear a proper riding helmet and back protector when doing horse riding.
- ✓ If you have long hair, keep it tied up and not left loose.
- ✗ Do not wear loose fitting clothes, or clothes with straps or strings such as hoodies that can:

Are you ready for your farm visit?



## Only go where it is safe and permitted on a farm.

- ✓ Always travel in groups, with a supervising adult who knows the farm well.
- ✗ Never wander around a farm on your own.
- ✓ Heed all warning signs.
- ✗ If you see a red or yellow warning sign anywhere do not go there unless you're told to do so by the farmer, and only with a supervising adult.
- ✗ Never touch fences which may be electrified or are barbed wire.
- ✗ Never go into any river, pond or mud pools, and never play near water troughs.
- ✓ Leave gates how found them – shut them if you opened them.
- ✗ Never go into a field with a bull in it.
- ✗ Never go into a field where animals have their young, or in the field with any animals that you don't know.



## What to bring, and what not to bring.

- ✓ Make sure someone in the group has a mobile phone with them for emergencies only.
- ✓ Ensure the phone battery is charged and has credit to make a call in an emergency.
- ✓ Make sure you know the phone number of the farmer, parents or guardians.
- ✗ Don't go on skateboards or scooters.
- ✓ If you're bringing your pet dog, only do so with permission and keep the dog on a lead at all times.

## In case of an emergency?

- ✓ Call immediately for help.
- ✓ Always call the farmer or someone who knows the farm.
- ✓ If it is a friend in trouble call their parent or guardian.
- ✓ If someone is in danger call 999 and ask for the fire brigade, and ask them for an ambulance if needed.  
*The fire brigade deal with fires, but also people stuck in difficult to reach places*
- ✗ Never go in after somebody who has fallen into a river, pond or slurry pit.
- ✗ Never touch anyone who is getting an electric shock.
- ✗ Never go into a river after a baseball cap, ball, Frisbee or anything else.
- ✗ Never go into a river after your dog or other animals.  
*You will not help them by doing so and you will risk endangering yourself.*
- ✗ Never call the fire brigade if nobody is in danger, or as a joke.

**REMEMBER**  
Always wash your hands really well with soap and water after visiting a farm.



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